



See how NSC **classroom training** compares with other national providers.

# NSC First Aid, CPR & AED Classroom Course

Is your first aid program in compliance with the **OSHA Best Practices Guide?**

## Highlights of

OSHA First Aid Standard 29 CFR 1910.151

In the absence of an infirmary, clinic or hospital in close proximity to the workplace a person or persons shall be adequately trained to render first aid

The employer shall ensure the ready availability of medical personnel

OSHA GUIDELINES	National Safety Council	American Heart Association	American Red Cross
<b>Teaching method:</b> Exposed to accurate injury & illness settings and appropriate response thru video, slides	<b>Yes</b> Video, workbook and First Aid Quick Guide	<b>Yes</b> Video only	<b>No</b>
	<b>NSC BEST PRACTICE!</b> NSC First Aid training programs use Video-Self-Instruction and "Watch Then Practice" formats. By engaging the senses of touch and sight, plus hands on practicing to build muscle memory, students experience greater retention, and build the confidence to respond correctly during a medical emergency.		
<b>Responding to a health emergency:</b> Principles of triage	<b>Yes</b>	<b>No</b>	<b>Yes</b>
<b>Surveying the scene and the victims:</b> Taking a victim's history; Secondary assessment	<b>Yes</b> <b>Yes</b>	<b>No</b> <b>Incomplete:</b> contains only a check for medical alert jewelry	<b>Yes</b> <b>Yes</b>
<b>Trainee assessments:</b> Includes observation of skills and written assessments. First aid skills/knowledge should be reviewed every three years.	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>
	<b>NSC BEST PRACTICE!</b> NSC skills testing goes beyond OSHA requirements and tests in up to seven areas that other providers do not include in their skills testing and/or written assessments.		



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continued

As an employer, you have no way of knowing what type of injuries may occur. **NSC best practices recommends a 3-4 minute response time** for all emergencies.

OSHA GUIDELINES	National Safety Council	American Heart Association	American Red Cross
<p><b>Program update:</b> Training program should be periodically updated with current techniques and knowledge. Outdated material should be replaced or removed.</p>	Yes	Yes	<b>Incomplete:</b> does not follow current CPR & ECC Guidelines for CPR and choking
<p><b>Type of injury training:</b> <b>Bleeding</b> Wound care, wounds requiring medical attention</p>	Yes	Yes	Yes
<p><b>Poisoning</b> Drug abuse (alcohol, narcotics, etc.)</p>	Yes	No	Yes
<p><b>Burns</b> Assessing severity (first-, second-, third-degree burns)</p>	Yes	No	Yes
<p><b>Musculoskeletal Injuries</b> Dislocations Muscle strains, contusions, and cramps</p>	Yes Yes	No No	Yes Yes
<p><b>Medical Emergencies</b> Pregnancy (appropriate care, abdominal injury, vaginal bleeding)</p>	Yes	No	<b>Incomplete:</b> instruction covers emergency childbirth
	<p><b>NSC BEST PRACTICE!</b> All NSC first aid and CPR content is developed under the direction of a medical director who is a practicing ER physician and is also a contributing member of the International First Aid Science Advisory Board (the group responsible for analyzing and submitting treatment recommendations.)</p>		
	<p><b>NSC BEST PRACTICE!</b> NSC goes beyond wound care by including information about tetanus vaccination.</p>		
	<p><b>NSC BEST PRACTICE!</b> NSC understands that skill retention is essential to providing the confidence your employees need to respond confidently and correctly during a medical emergency. We are the only nationally recognized course provider to include a refresher DVD in all student course materials.</p>		



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